

## APEC Leadership Team

William Andrews, PhD, MD  
Chair, Obstetrics and Gynecology, UAB

Joseph Biggio, MD  
Director, Maternal-Fetal Medicine, UAB

David Lewis, MD  
Chair, Obstetrics and Gynecology, USA

Susan Baker, MD  
Maternal-Fetal Medicine, USA

Guy Middleton, MD  
OB/GYN, Dothan

Catherine Skinner, MD  
Family Physician, Tuscaloosa

Robert Moon, MD  
Chief Medical Officer, Alabama Medicaid

Melinda Rowe, MD  
Assistant Medical Director, Alabama Medicaid

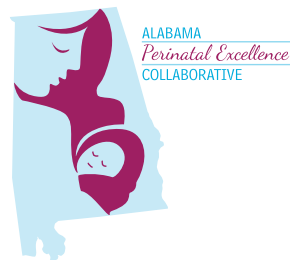
Sylisa Lee-Jackson, RN  
Associate Director of Maternity,  
Plan First and Nurse Midwife Programs,  
Alabama Medicaid

Thomas Miller, MD  
Acting State Health Officer, ADPH

Janice Smiley, MSN, RN  
Director, Perinatal Health Division, ADPH

Amy Stratton, BSN, RN  
Director, State Perinatal Program, ADPH

Allison Todd, RN, MSN  
Administrative Director, UAB



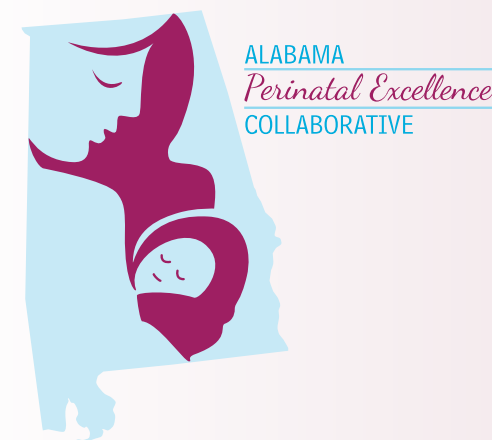
**Allison Todd, RN, MSN**  
Administrative Director  
UAB Obstetrics and Gynecology  
205-934-1324

10223 Women & Infants Center,  
1700 6th Avenue South  
Mailing Address: 176F 10223, 619 19th St S  
Birmingham, AL 35249-7333  
apec@uabmc.edu • Fax 205-975-4375

FEBRUARY 2, 2016



## APEC Resource Guide for Obstetric Providers





ALABAMA  
Perinatal Excellence  
COLLABORATIVE

### *APEC Guidelines Online:*

Go to <http://medicaid.alabama.gov/>;

Select "Programs" in the toolbar;

Select "APEC-Perinatal Collaborative";

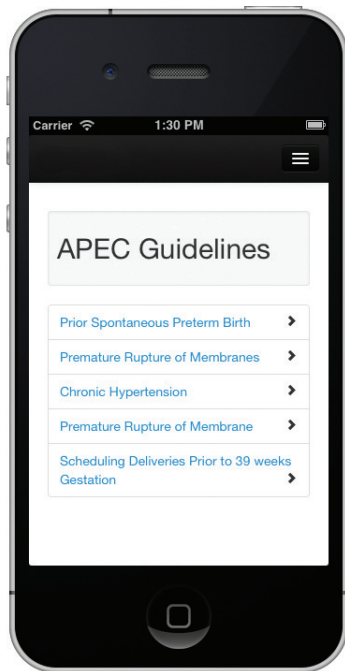
Select "Guidelines."

Or visit [www.apecguidelines.org](http://www.apecguidelines.org)

APEC CMEs available via ADPH Learning Content Management System @ [www.adph.org/extranet](http://www.adph.org/extranet)



## APEC Guidelines



The APEC guidelines are accessible via a smart phone app.

To download the app onto your personal device, go to the App Store or Google Play and search for APEC guidelines.

The app is designed to be compatible with iOS and Android devices.



### *APEC Vision Statement*

To be an exemplary resource for obstetric and other healthcare providers throughout the state of Alabama for assistance in improving perinatal outcomes and ultimately the health and welfare of women and infants throughout Alabama.

### *APEC Mission Statement*

To lower infant mortality and improve maternal and infant health in Alabama through:

- 1) Implementation and utilization of evidence-based obstetric care guidelines
- 2) Assessment of meaningful quality benchmarks
- 3) Enhanced communication and collaboration with providers, both primary and sub-specialty, and patients

### *APEC Goals*

**Ultimate Goal: Improve Pregnancy Outcomes**

- 1) Help guide OB providers via evidence-based practice guidelines and decision trees
- 2) Identify meaningful quality benchmarks
- 3) Develop data collection measures
- 4) Review quality data and provide feedback to individual providers and institutions
- 5) Develop mechanisms to help providers in achieving benchmarks

### *Current Guidelines*

- Routine Prenatal Care
- Scheduling Deliveries Prior to 39 weeks Gestation
- Chronic Hypertension in Pregnancy
- Prior Spontaneous Preterm Birth
- Premature Rupture of Membranes
- Preterm labor
- Pregestational Diabetes Mellitus
- Group B Streptococci
- Magnesium Sulfate for Fetal Neuroprotection
- Gestational Diabetes Mellitus
- Nausea and Vomiting of Pregnancy
- UTI-ASB
- Immunizations in Pregnancy
- Pre-Eclampsia
- Twins
- HIV
- Fetal Testing
- Thromboprophylaxis

### *Future Guidelines*

- Postpartum Hemorrhage
- Obesity
- Sexually Transmitted Diseases
- Seizure Disorders
- Mental Health